

According to the 2015 Guidelines Update, CPR training helps people learn the skills and develop the confidence to provide CPR when encountering a cardiac arrest victim. And while AEDs can be used by the public regardless of whether the responder has been trained, even minimal training improves performance, timeliness, and efficacy.

AHA's Heartsaver CPR AED course provides the knowledge and skills that may help save a life. Although much is being done to prevent death from heart problems, cardiac arrest is still one of the leading causes of death in the United States. The skills learned in this course will help you recognize cardiac arrest, get emergency care on the way quickly, and help the person until more advanced care arrives to take over.

Heartsaver courses from AHA offer: a **cohesive, consistent** experience for the learner, **best practices** to give students the best possible learning experience and help them better retain information, **enhanced and realistic scenarios**, while providing **course and content flexibility**.



WHO SHOULD TAKE THE COURSE?

Heartsaver courses are intended for anyone with little or no medical training who needs a course completion card for job, regulatory (e.g., OSHA), or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting.

COURSE COVERS

- Adult CPR and AED Use
- Opioid-associated Life-threatening Emergencies
- Adult Choking
- Child CPR and AED Use
- Child Choking
- Infant CPR
- Infant Choking

COURSE DELIVERY

Delivered in 2 formats to meet the needs of students and offer flexibility for instructors. All formats include the same learning objectives and result in the same course completion card.



INSTRUCTOR-LED



BLENDED

• Instructor-led Training

Heartsaver classroom courses feature group interaction and hands-on coaching and feedback from an AHA Instructor. Classroom courses may be conducted onsite at the company's location or at a local training center in your area.

• Blended Learning

Heartsaver blended courses include an online portion and a hands-on portion. The online portion can be completed at work, at home, or wherever you have internet access. The hands-on skills practice and testing session is conducted in-person with an AHA BLS or Heartsaver Instructor.

Order Today!

heart.org/workforcetraining